



Diazepam Treatment

Read this leaflet carefully because it contains important information for you.
Keep this leaflet safe as you may need to read it again.

You have been assessed and treated by the healthcare professional for alcohol withdrawals.

Diazepam belongs to a group of medicines called benzodiazepines and can be used to prevent worsening alcohol withdrawal symptoms in custody

Alcohol withdrawals commonly include:

- Nausea and Vomiting
- Headaches
- Shakes / Tremors
- Confusion
- Sweating
- Agitation

The risks of untreated alcohol withdrawal can include seizures, coma, and death.

Go to your Accident & Emergency Department promptly if you have:

- Worsening symptoms
- Experience black outs or fits
- Repeated nausea or vomiting
- Confusion or drowsiness

If you are unsure about any other symptoms, please contact your Doctor/GP

Side Effects of Diazepam include:

- Sedation
- Tiredness
- Reduced alertness
- Muscle weakness
- Drowsiness
- Loss of co-ordination
- Confusion
- Memory loss
- Dizziness, light headedness

Report adverse drug reactions to your own GP when released from custody.

Support is available if you would like to reduce your alcohol consumption or become abstinent. If you have been medicated to help with alcohol withdrawal your dependency is likely to be harmful. Options will be available from your GP on release or you can self-refer to community teams.

We do not recommend you stop drinking alcohol on release from custody as this can be dangerous, you should consult with your GP or a community alcohol team to plan a detoxification regime.

- ✓ Stay within easy reach of a telephone and medical help
- ✓ Have plenty of rest
- ✓ Continue drinking alcohol but drink in moderation especially in the 6 hours following diazepam
- ✓ Stay with a responsible adult
- ✗ **DO NOT** stop drinking alcohol without discussion with a medical professional.
- ✗ **DO NOT** take sleeping tablets, sedatives, or tranquilizers, unless they are prescribed by a doctor.
- ✗ **DO NOT** take strong pain killers as this can increase the sedative effects of diazepam.
- ✗ **DO NOT** Drive, operate machinery, or take part in such activities where, if affected you could put yourself or others at risk.

Contact Information



Call: 0300 123 6600

Call FRANK 24 hours a day, 7 days a week

Text: 82111

Text a question and FRANK will text you back



Drug and Alcohol Addiction Families need support too

DrugFAM's primary purpose is to provide a lifeline to families, friends and partners affected by someone else's addiction to drugs and/or alcohol.

Helpline 0300 888 3853

