



Wound Glue & Steri-Strips Advice

Wound Glue and Steri-Strips

Your wound has been closed using either wound glue or steri-strips. These are used instead of stitches to keep wounds closed whilst they are healing.

Wound Care Advice

- For the next 3 days you must keep the wound site dry.
- After 3 days you may wash it quickly with soap and water and pat it dry.
- You do not need to remove the wound glue or steri-strip from your wound as it will fall off by itself after about 10 days.
- Do not pick at the glue or steri-strip: the wound may open up or become infected.
- You do not need to go to a doctor about your wound unless it is worrying you (see below **“When to Seek Further Help”**)

When to seek Further Help

You should go to your doctor if you feel feverish or if you experience any of the following around the wound:

- Hotness
- Swelling or puffiness
- Increasing pain or throbbing
- Discharge of white or green pus
- Bad or unusual smell from the wound

These are signs that the wound may have become infected. This is unlikely to get better by itself and the doctor may need to give you some antibiotics.

If you are unable to get to a doctor, you should visit your nearest Accident & Emergency Department.

Tips for Speedy Recovery

- ✓ Have plenty of rest
- ✓ Avoid stressful situations
- ✓ Stay within easy reach of a telephone and medical help
- x **DO NOT** take any alcohol or drugs whilst you are on prescribed medication
- x **DO NOT** take sleeping tablets, sedatives or tranquillisers, unless they are given by a doctor
- x **DO NOT** play any contact sport (e.g. football) for at least 3 weeks without taking advice from your doctor first
- x **DO NOT** drive a car, motorbike or bicycle or operate machinery unless you feel you have completely recovered

Patient Confidentiality

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